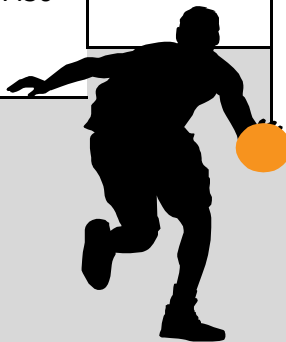




NBRC Gym Schedule

4/16/2015

MAY 1-24

	Monday	Tuesday		Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Open Gym 6:00-7:30	Open Gym 6:00-8:00		Open Gym 6:00-7:30	Open Gym 6:00-8:00	Open Gym 6:00-7:30		
6:30am								
7:00am							Open Gym 6:30-8:30	
7:30am	Drop-in Fit For Life 7:30-8:30		Drop-in Fit For Life 7:30-8:30					
8:00am		MRT 8:00-8:45		MRT 8:00-8:45	Drop-in Fit For Life 7:30-8:30			
8:30am							Drop-in GPW 8:30-9:30	Drop-in CoEd Volleyball 8:30-12:30
9:00am	Drop-in Pickleball 8:45-10:30	Drop-in Pickleball 8:45-10:30	Drop-in Pickleball 8:45-10:30	Drop-in Pickleball 8:45-10:30	Open Gym 8:30-10:30	Open Gym 9:30-7:00		
9:30am								
10:00am								
10:30am	Drop-in Fit For Life 10:30-11:30		Drop-in Fit For Life 10:30-11:30		Drop-in Fit For Life 10:30-11:30			
11:00am		Open Gym 10:30-1:00		Open Gym 10:30-1:00				
11:30am	Drop-in Adult Basketball 11:30-1:30		Drop-in Adult Basketball 11:30-1:30		Drop-in Adult Basketball 11:30-1:30			
12:00pm								
12:30pm				Drop-in Senior Basketball 1:00-2:30			Drop-in Senior Basketball 1:00-2:30	
1:00pm			Open Gym 1:30-5:30			Open Gym 12:30-8:00		
1:30pm	Open Gym 1:30-2:30	Drop-in Senior Basketball 1:00-2:30			Open Gym 1:30-2:30			
2:00pm								
2:30pm	Drop-in Youth Basketball 2:30-5:00	Drop-in Youth Bball 2:30-5:00		Open Gym 2:30-5:00	Drop-in Youth Basketball 2:30-5:00		Drop-in Youth Basketball 2:30-5:00	
3:00pm								
3:30pm								
4:00pm								
4:30pm								
5:00pm	Open Gym	Open Gym			Open Gym	Open Gym 5:00-7:30		
5:30pm	Drop-in HIIT 5:30-6:15	GPW 5:30-6:15		Drop-in HIIT 5:30-6:15	GPW 5:30-6:15			
6:00pm		Wmns Wrkout 6:00-7:00		Open Gym	Wmns Wrkout 6:00-7:00			
6:30pm	Open Gym 6:15-9:30	Open Gym 7:00-9:30		Drop-in Adult Basketball 7:00-9:00	Open Gym 7:00-9:30			
7:00pm								
7:30pm								
8:00pm								
8:30pm								
9:00pm			Open Gym					
9:30pm								



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)